

Local Health and Wellbeing Group Record

Area	South West Wiltshire Health and Wellbeing Group				
Date	15/3/2017	Times	1 - 2.30pm	Venue	Nadder Centre, Tisbury
Present	Cllr Jose Green (Chair, Wiltshire Councillor), Sue Wight (Age UK), Mark Rippon (Wiltshire Council, Public Protection Officer), Tim Mason (Alzheimer's Society), Stacey Plumb (Healthwatch Wiltshire), Dr Laurence Carter (Tisbury Surgery), Zoe Cupit (Wilton Town Co-ordinator), Val O'Keefe (Health and Wellbeing Champion), Ann-Marie Dean (Health and Wellbeing Champion), Danielle Brignall (Wiltshire Council, Health Trainer), Steve Harris (Wiltshire Council, Community Engagement Manager)				
Apologies	Zoe Young (Wiltshire Council, Resident Engagement Officer)				
Agenda Items					
1	Welcome and Introductions/Apologies				
2	Approved terms of reference				
3	New paperwork for H&WB group				
4	Public Health offer to H&WB groups				
5	Update on investigations into hospital admissions attributable to alcohol usage				
6	Health and Wellbeing Champions update				
7	Local activities directory				
8	Dementia Action Alliance update and planning				
9	Local H&WB / Older People priorities				
10	AOB				
Decisions/Actions					
1	Recommendations from last meeting were agreed by Area Board.				
2	Tim suggested a member from the DAA to be invited to attend in future. ACTION – SH to request local volunteer attends future Health and Wellbeing meeting at first wider meeting of DAA.				
3	New paperwork shared and explained. Centralised process so paperwork is standard across Health and Wellbeing groups.				
4	Shared for information. Sue pointed out this link with public health was already happening with alcohol usage issue. Can also work other way i.e. linking in with public health for locally identified issues.				
5	Mark was introduced to provide an update. Formed local steering group. Further research using Audit C scratch cards; 1 in 3 drinking too much in Wiltshire, 1 in 2 in Wilton community area. 2.5-3k people in Wilton community area potentially at risk. How to reach low level drinkers? Marketing campaign. There were 3 'frequent flyers' (reoccurring patients) within the Wilton data who are not likely to affect data in future due to change in circumstances. Sue pointed out link with social isolation.				

	<p>Stigma of people accessing substance misuse service. Danielle advised people drinking too much can be referred to Health Trainers in first instance. Can self-refer or GP referral. Mark suggested further actions: 1) New outreach worker for Turning Point, will liaise with GPs in Wilton to look at initiatives to meet with people at risk. 2) Roadshows, roving vehicle. Tim suggested would be better to work through voluntary sector. Zoe suggested linking with clubs – Thursday club, bowls (has over 100 members). Wilton week coming up 12-17 June 2017. Danielle advised good video on youtube re. addiction (https://www.youtube.com/watch?v=K4R1a8za7aY). Val suggested focus should be on mental wellbeing – positive messaging, alcohol is just one factor. Zoe suggested linking in with new outside gym equipment, could have facts with positive messages displayed. Could request local sponsorship. Danielle suggested liaising with school. ACTION – Mark to take suggestions away and provide update in due course.</p>
6	<p>Local activities lists have been completed. Val updated re. Sunday lunch project. Churches involved and people outside of Wilton. Will be done at community centre. Ann-Marie advised a request has been placed in Mere Matters this month to host teas. If people are lonely and would like to go to tea they can also request. Looking for 6-8 people to go round a host's house. Community drivers will volunteer and also stay at the tea. Idea is to build networks and make sustainable into future. Want to start in Mere and spread out. Champions attended forum last week to learn ideas about how to run activities.</p>
7	<p>Val and Ann-Marie advised that some areas have nothing whilst others have lots going on. Areas where nothing happens often do not have a local location, leaves people in their homes. This is where something like the afternoon tea initiative could make a difference. ACTION – SH to compile lists and send to Healthwatch for Your Care Your Support, share with parishes, local publications, key local practitioners (health, WC staff, external organisations) and wider public.</p>
8	<p>Tim suggested would be good to link in with Scouts. DAA will bring people together to share good practice. Tim advised Broad Chalke keen to make Chalke Valley dementia friendly community. Caroline Wilson has volunteered to be Dementia Friends Champion co-ordinator across our DAA. Dementia Friends Champion training day in May. Salisbury Hospital has dementia steering group, keen to develop relationships with DAAs they serve. Looking for volunteers to go into dementia wards for motivation exercises. Also might be able to offer DAAs training etc. ACTION – SH to update DAA plan and circulate. Tim happy to go out and talk to parishes. Encourage dementia friends sessions with clubs on activities list so that they are accessible to all. Tim shared idea of having dementia users come in to trial facilities to check they are friendly.</p>

	Steve updated re. progress in Broad Chalke and Safe Places presentation at Wilton & District Business Chamber breakfast event (Zoe has agreed to be local link), DAA meeting to be held after local council elections. Tim emphasised need for action after awareness.
9	Steve and Jose gave a reminder of local priorities identified. Zoe explained her role as town co-ordinator and gave details of Wilton Big Lunch, will be at Wilton Shopping Village on 18 June 2017. Will provide an opportunity for local groups to promote themselves. Week before will be 'Wilton week', pop-up week to promote town. Transport provided for access. Group supported potential funding application to go to Area Board in May 2017.
10	ACTION – SH to set date for next meeting.
Recommendations to Area Board	
1	The H&WB group recommends to the South West Wiltshire Area Board that the Wilton Big Lunch initiative should be financially supported in principle, subject to full project details being provided.